# Weekly Bulletin

March 1st, 2020

**Forgiveness Sunday**  
Eudokia of Heliopolis  
Andonina the New Martyr

Forgiveness Sunday | Mode. 3.

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Forgiveness Sunday

March 1

Antiphons. 2nd Mode.

Antiphon 1. Pg. 16. (By the prayers of the Theotokos, Savior, save us.).

Vs. 1: Bless the Lord, O my soul, and everything within me, bless His holy name.

Vs. 2: Bless the Lord, O my soul, and forget not all His rewards.

Vs. 3: The Lord prepared His throne in heaven, and His Kingdom rules over all.

Glory...Both now...By the prayers...

Antiphon 2. Pg. 18. (Save us, O Son of God, Who did rise from the dead. We sing to You, Alleluia).

Vs. 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.

2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.

3: The Lord shall reign forever; your God, O Zion, to all generations.

Glory...Both now...Only Begotten Son...


Verse: This is the day the Lord made; let us greatly rejoice and be glad therein.

.Alpha 2. (Σώσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα).

Stich. a’. Αἰνεῖ, ἡ ψυχή μου, τὸν Κύριον· ἡ Θεός σοι, Σιών, εἰς γενεὰν καὶ γενεὰν.

β’. Μακάριος οὗ ὁ Θεὸς Ἰακὼβ βοηθὸς αὐτοῦ, η ἐλπὶς αὐτοῦ ἐπὶ Κύριον τὸν Θεὸν αὐτοῦ.

γ’. Βασιλεύσει Κύριος εἰς τὸν αἰῶνα, ὁ Θεὸς σου, Σιών, εἰς γενεὰν καὶ γενεὰν.

Δόξα... Καὶ νῦν..."Ο Μονογενής Υιός...
Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Εἰσοδικόν. Ἦχος βʹ.
Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Ὁ Θεός, ὁ ἀναστὰς ἐκ νεκρῶν, πάλλοντάς σοι, Ἀλληλούϊα.

Entrance Hymn. Mode 2.
Come, let us worship and bow down before Christ. Save us, O Son of God, Who did rise from the dead. We sing to You, Alleluia.

Ἀπολυτίκια
Ἀναστάσιμον. Ἦχος δʹ.
Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

Dismissal Hymns
When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Τοῦ Ναοῦ. Ἦχος γʹ.
Μέγαν εὕρατο ἐν τοῖς κινδύνοις, σὲ ύπερμαχὼν ἡ οἰκουμένη, Ἀθλοφόρε τὰ ἔθνη τροπούμενον. Ὡς οὖν Αναίοι κάθεῖλες τὴν ἔπαρσιν, ἐν τῷ σταδίῳ θαρρύνας τὸν Νέστορα, οὕτως Ὁ Αγιός, Μεγαλομάρτυρ Δημήτριε, Χριστὸν τῷ Θεῷ ἱκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

For the Church. Mode 3.
All the world has you, its mighty champion, fortifying us in times of danger, and defeating our foes, O Victorious One. So, as you humbled Lyaios's arrogance by giving courage to Nestor in the stadium, thus, O holy Great Martyr Demetrios, to Christ our God pray fervently, beseeching Him to grant us His great mercy.

Κοντάκιον. Ἦχος πλ. βʹ.
Τῆς σοφίας ὁδηγεῖ, φρονήσεως χορηγεῖ, τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν ύπερασπιστά, στήριξον, συνέτισον τὴν

Kontakion. Mode pl. 2.
O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O
καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον, ὁ τοῦ Πατρὸς Λόγος· ἰδοὺ γὰρ τὰ χείλη μου, οὐ μὴ κωλύσω ἐν τῷ κράζειν σοι· Ἐλεήμον, ἐλέησόν με τὸν παραπεσόντα.

Ενάντια στον Άστολο

Προκείμενον. Ἡχος δ’. Ψαλμὸς 103.

Ὡς εμεγαλύνθη τὰ ἔργα σου, Κύριε· πάντα ἐν σοφίᾳ ἐποίησας.

Στίχ. Εὐλόγει, ἡ ψυχή μου, τὸν Κύριον. Κύριε ὁ Θεός μου, ἐμεγαλύνθης σφόδρα.

Πρὸς Ρωμαίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα. (13:11-14; 14:1-4)

Ἀδελφοί, νῦν ἐγγύτερον ἡμῶν ἡ σωτηρία ἢ ὅτε ἐπιστεύσαμεν. Ἡ νὺξ προέκοψεν, ἡ δὲ ἡμέρα ἤγγικεν. Ἀποθώμεθα οὖν τὰ ἔργα τοῦ σκότους καὶ ἐνδυσώμεθα τὰ ὅπλα τοῦ φωτός. Ὡς ἐν ἡμέρᾳ εὐσχημόνως περιπατήσωμεν, μὴ κώμοις καὶ μέθαις, μὴ κοίταις καὶ ἀσελγείαις, μὴ ἔριδι καὶ ζήλῳ, ἀλλ' ἐνδύσασθε τὸν Κύριον Ἰησοῦν Χριστόν, καὶ τῆς σαρκὸς πρόνοιαν μὴ ποιεῖσθε εἰς ἐπιθυμίας. Τὸν δὲ ἀσθενοῦντα τῇ πίστει προσλαμβάνεσθε, μὴ εἰς διακρίσεις διαλογισμῶν. Ὄς μὲν πιστεύει φαγεῖν πάντα, ὁ δὲ ἀσθενῶν λάχανα ἐσθίει. Ὁ ἐσθίων τὸν μὴ ἐσθίοντα μὴ ἐξουθενείτω, καὶ ὁ μὴ ἐσθίων τὸν ἐσθίοντα μὴ κρινέτω· ὁ Θεὸς γὰρ αὐτὸν προσελάβετο. Σὺ τίς εἶ ὁ κρίνων ἀλλότριον οἰκέτην; τῷ ἰδίῳ Κυρίῳ στήκει ἢ πίπτει, σταθήσεται δὲ· δυνατὸς γὰρ ἐστὶν ὁ Θεὸς στήσαι αὐτόν.

Ἀλληλούϊα. Ἡχος δ’. Ψαλμὸς 44.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.

Epistle Reading


O Lord, Your works shall be magnified greatly; You made all things in wisdom.

Vs.: Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly.

The reading is from Paul’s First Letter to the Romans. (13:11-14; 14:1-4)

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

Ἀλληλούϊα. Mode 4. Psalm 44.

Στίχ. α’. Ἐντεινον καὶ κατευοδοῦ καὶ βασίλευε, ἑνεκεν ἀληθείας καὶ πραότητος καὶ δικαιοσύνης.

Ἀλληλούια. Ἀλληλούια. Ἀλληλούια.

Στίχ. β’. Ἡγάπησας δικαιοσύνην καὶ ἔμισησας ἀνομίαν.

Ἀλληλούια. Ἀλληλούια. Ἀλληλούια.

Ἀνάγνωσμα τοῦ Εὐαγγελίου
Κατὰ τὸν Ματθαῖον. (6:14-21).
Εἶπεν ὁ Κύριος· Ἐὰν ἀφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, ἀφῆσε καὶ ὑμῖν ό πατὴρ υμῶν ὁ οὐράνιος· ἐὰν δὲ μὴ ἀφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, οὐδὲ ὁ πατὴρ υμῶν ἀφῆσε τὰ παραπτώματα υμῶν. Ὅταν δὲ νηστεύητε, μὴ γίνεσθε ὡσπερ οἱ ὑποκριταὶ σκυθρωποί, ἀφανίζουσι γὰρ τὰ πρόσωπα αὐτῶν ὅπως φανῶσι τοῖς ἀνθρώποις νηστεύοντες· Αὕτη λέγω ὑμῖν, ὅτι ἀπέχουσιν τὸν μισθὸν αὐτῶν. Ὁταν δὲ νηστεύητε, καὶ ὁ πατήρ σου τῷ ἐν τῷ κρυπτῷ ἀποδώσει σοι ἐν τῷ φανερῷ. Μὴ θησαυρίζετε ὑμῖν θησαυροὺς ἐπὶ τῆς γῆς, ὅπου σὴς καὶ βρῶσις ἀφανίζει, καὶ ὅπου κλέπται διορύσσουσι καὶ κλέπτουσιν· θησαυρίζετε δὲ υμῖν θησαυροὺς ἐν ὕμνῳ τῆς γῆς, ὃς ὅταν νεκρός σήμερον, ὅταν κλέπται σὺ διορύσσουσιν, δὲ υμῖν θησαυροὺς ἐν ὕμνῳ τῆς γῆς, ὃς τῶν κλέπτων, ὅταν κλέπται σὺ διορύσσουσιν, δὲ κλέπτουσιν· ὅταν γὰρ ἐστιν ὁ θησαυρὸς υμῶν, ἔκει ἐσται καὶ ή καρδία υμῶν.

Gospel Reading
The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

Κοινωνικὸς Ὠσμός 148.
Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ψυστοῖς. Ἀλληλούια.

Praise the Lord from the heavens, praise Him in the highest. Alleluia.
Wisdom of the Fathers

"One must not trust one's feelings, since because of his limitedness a man cannot know everything, and therefore his judgment is also relatively limited. "Even if you see with your own eyes that someone sins, do not judge, for the eyes also may be deceived."
- St. John Climacus

"Here it were well to sigh aloud, and to wail bitterly: for not only do we imitate the hypocrites, but we have even surpassed them." - St. John Chrysostom

Saints of the Week
March 01
Forgiveness Sunday

The Holy Fathers have appointed the commemoration of Adam's exile from the Paradise of delight here, on the eve of the holy Forty-day Fast, demonstrating to us not by simple words, but by actual deeds, how beneficial fasting is for man, and how harmful and destructive are insatiety and the transgressing of the divine commandments. For the first commandment that God gave to man was that of fasting, which the first-fashioned received but did not keep; and not only did they not become gods, as they had imagined, but they lost even that blessed life which they had, and they fell into corruption and death, and transmitted these and innumerable other evils to all of mankind. The God-bearing Fathers set these things before us today, that by bringing to mind what we have fallen from, and what we have suffered because of the insatiety and disobedience of the first-fashioned, we might be diligent to return again to that ancient bliss and glory by means of fasting and obedience to all the divine commands. Taking occasion from today's Gospel (Matt. 6:14-21) to begin the Fast unencumbered by enmity, we also ask forgiveness this day, first from God, then from one another and all creation.

The Holy Righteous Martyr Eudocia the Samaritan

This Saint, who was from Heliopolis of Phoenicia, was an idolater and led a licentious life. Being beautiful beyond telling, she had many lovers, and had acquired great riches. Yet brought to repentance by a monk named Germanus, and baptized by Bishop Theodotus, she distributed to the poor all her ill-gotten gains, and entered a convent, giving herself up completely to the life of asceticism. Her former lovers, enraged at her conversion, her refusal to return to her old ways, and the withering away of her beauty through the severe mortifications she practiced, betrayed her as a Christian to Vincent the Governor, and she was beheaded, according to some, under Trajan, who reigned from 98 to 117, according to others, under Hadrian, who reigned from 117 to 138.
March 02
Our Holy Father Nicholas Planas
Saint Nicholas Planas was born on the island of Naxos in Greece. He was married as a teenager and soon after ordained to the diaconate and then the priesthood. His wife reposed soon after and so he assumed the burden of being a widowed father and a parish priest. He was known for his zeal in serving the liturgy, especially his habit of serving the Divine Liturgy every day for 50 years. Many altar boys would see him radiating light or raised off the ground while serving the liturgy. Being so revered by his parishioners, he became known as “Papa,” which is an affectionate term for a parish priest. Papa Nicholas reposed in 1932 and was formally canonized as a saint in 1992.

March 03
The Holy Martyrs Eutropius, Cleonicus, and Basiliscus
The Martyrs, were from Amasia, were fellow soldiers and kinsmen of Saint Theodore the Tyro. They were betrayed to the Governor Asclepiodotus as Christians, during the reign of Diocletian. After many torments, Eutropius and Cleonicus were crucified; Basiliscus was not slain together with them, but was shut up in prison, in the hope that with time he might change his mind and sacrifice to the idols. He was beheaded on May 22.

March 05
Conon the Gardener
This saint came from the town of Nazareth. He left his hometown and went to the city of Mandron. There he stayed at a place called Karmela cultivating a garden which he used to water and plant with various vegetables. From this garden he obtained what is necessary for life. He had such an upright and simple mind that, when he met those who wished to arrest him and saw that they greeted him, he also greeted in return from the bottom of his soul and heart. When they told him that governor Publius called the saint to go to him, the saint answered with simplicity: "What does the governor need me, since I am a Christian? Let him call those who think the way he does and have the same religion with him." So, the blessed man was tied and brought to the governor, who tried to move him to sacrifice to the idols. But the saint sighed from the bottom of his heart, cursed the tyrant and confirmed his faith in Christ with his confession, saying that it is not possible to be moved from it even though he might be tortured cruelly. So, for this reason they nailed his feet and made the saint run in front of the governor’s coach. But the saint fainted in the street. Having fallen on his knees, he prayed and, thus, he commended his holy soul to the hands of God.
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<td>2&lt;br&gt;Clean Monday&lt;br&gt;Hesychius the Martyr&lt;br&gt;Isaiah 1:1-20&lt;br&gt;Genesis 1:1-13&lt;br&gt;Proverbs 1:1-20&lt;br&gt;Great Compline (6:00 pm)</td>
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<td>Conon the Gardener Mark the Ascetic Isaiah 3:1-14 Genesis 2:20-3:20 Proverbs 3:19-34 Fr. Tim - Office Hours @ @ SVRC(10 am - 12 pm) Akathist Hymn (6:00 pm)</td>
<td>Finding of the Holy Cross Isaiah 3:1-14 Genesis 2:20-3:20 Proverbs 3:19-34 Fr. Tim - Office Hours @ @ SVRC(10 am - 12 pm) Akathist Hymn (6:00 pm)</td>
<td>1st Saturday of Lent Miracle of the Koliva II Timothy 2:1-10 Mark 2:23-28; 3:1-5 Mt. Pleasant Liturgy (10:00 am) General Memorial</td>
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<td>Benedict the Righteous Hebrews 3:12-16 Mark 1:35-44</td>
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<td>Cuthbert the Wonderworker Isaiah 13:2-13 Genesis 8:4-21 Proverbs 10:31-11:12 Fr. Tim - Office Hours @ @ SVRC(10 am - 12 pm) Akathist Hymn (6:00 pm)</td>
<td>James the Confessor Hebrews 10:32-38 Mark 2:14-17</td>
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*Fish/wine/oil allowed*
Guidelines for Receiving Holy Communion

For Orthodox Christians

Orthodox Christians fully participate in the celebration of the Eucharist by receiving Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Holy Communion, communicants should not be conscious of grave sin, have fasted appropriately and strive always to love God and their neighbor. Persons conscious of grave sin should seek immediately to be reconciled through the Mystery of Confession so they can begin again to receive Communion immediately. Frequent communion is recommended to all faithful Orthodox Christians.

For other Christians

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions of Christianity that we cannot extend to them a general invitation to receive Holy Communion. Orthodox Christians believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist and for which we must all pray. All, however, are welcome to partake of the blessed bread (Antidoron) which will be distributed at the end of the service.

Shut-ins and Hospital Visitation

If anyone is in the hospital or otherwise in need of prayer or visitation, we are happy to publish their information (name and/or visitation information) in the bulletin. Please note, however, that we are unable to publish such information without a direct request.

If you are interested in helping with the visitation of the sick, please speak to Presvytera Peggy or contact the Church office.

In your prayers:

Please continue to pray for the health and recovery of: Augusta Ahejew, Petro Ahejew, Russ Ahejew, John Andros, George Andros, Sharon Bensinger, Ann De Corte, Edward & Gabriella Economous, Rob Nordin, Krista Koopman, Paul Kushner, Brenda LaBarge, Grace Makrianis, Bill Tarachas, Sharon Legner, and Eva Zestos.

(If you would like to have a name added to or removed from this list, please contact the Church office).

A Prayer for the Sick

O holy Father, heavenly Physician of our souls and bodies, Who sent Your Only-begotten Son our Lord Jesus Christ to heal all our ailments and deliver us from death: do You visit and heal Your servant (name), granting him/her release from pain and restoration to health and vigor, that he/she may give thanks unto You and bless Your holy Name, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.

**Prayer courtesy of the Antiochian Archdiocese, from the "Pocket Prayer Book"**
St. Demetrios Greek Orthodox Church
2020 Stewardship Commitment Form

"Teach us to number our days that we may gain a heart of wisdom."
Psalm 90:12

A TIME FOR EVERY PURPOSE UNDER HEAVEN

Please bring this form to the Church or mail it to the Church Office at 4970 Mackinaw Rd., Saginaw, MI 48603

Name: ____________________________________________
Street Address: ___________________________________ City: ______________ State: ____ Zip Code: ________

Individual or Family

Name: ____________________________
Home Tel: _________________________
Mobile Tel: _______________________ Work Tel: _______________________
Email: ____________________________
Occupation: _______________________
(Last, current)

Spouse (if applicable)

Name: ____________________________
Age: _____________________________

Children (if applicable)

Names

Age: _____________________________
Age: _____________________________
Age: _____________________________
Age: _____________________________

In gratitude for God’s blessings, I/we pledge to contribute for Christ’s work at St. Demetrios Church for 2020.
$________ weekly $________ monthly $________ quarterly $________ semi-annually $________ annually

Our goal as a parish family is to raise our stewardship by $20/month for the 2020 calendar year. However, stewardship is a spiritual discipline that should be discussed with your spiritual father.

Please indicate areas of expertise or interest where you would like to serve:
(Individuals should provide a check mark and families provide “H” for husband, “W” for wife and “C” for children)

ADMINISTRATION
__ Audit Committee
__ Election Committee
__ Office help

BUILDING & GROUNDS
__ Property Maintenance
__ Garden & Landscape
__ Iconography / Beautification

COMMUNICATIONS
__ Computer / Technical

EDUCATION
__ Website / Email
__ Adult Education

LITURGICAL
__ Baking Phosphora
__ Music Ministries
__ Sanctuary & Altar Care

MINISTRIES
__ Coffee Hour

__ Family Ministry
__ Hospitality / Welcome Ministry
__ Visitation (Sick / Shut-ins)
__ Outreach
__ Church School Teacher
__ Church School Administration
__ GOYA Advisor

OTHER

I/we would like to receive notifications from St. Demetrios by: ___ email ___ paper mail

You can also submit your stewardship card and your contributions online at www.stdemetrios.mi.goarch.org/stewardship

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Our 2020 Stewardship goal is $170,000. As of February 23, we have received offerings reflecting 50% of that goal. Thank you to the following faithful stewards who have submitted their pledge cards for 2020. Please join them in their support of our St. Demetrios Greek Orthodox Church and submit your pledge card today! (Please submit any corrections to the Church office).

Total Pledges: $85,135.00 
Stewards pledged: 67
Offerings Received: $33,139.00 
Pledges Unfulfilled: $51,996.00
Largest pledge: $7,020.00 
Median pledge: $1,000.00

Rev. Fr. Timothy & Pr. Catherine Cook
Rev. Fr. Peter & Pr. Peggy Bistolarides
Russ & Augusta Ahejew
Debra Ahejew
Petro & Sandra Ahejew
Chris & Olga Anagost
George Andros
Dr. Thomas & Angela Barris
Dr. Andrew & Annie Bazakis
Johnathan Bernhart
Sophia Bernhart
Tom & Joan Billingsley
Dr. John & Dr. Judy Blebea
Jeremy & Taylor Blohm
Perry Bujouves
Achilles & Georgia Caris
Dr. Constantinos & Mimi Constantinou
Bill & Vonnie DeLong
Ashley Dietzel
Austin Economous
Edward & Gabriella Economous
Michael & Stavroula Erfourth
Corey & Andrea Ferris
Kathleen Gavalas
Betty Lou Gustafson
Evan & Alexia Houpis
Kathy Huber
Matina Ioannidis
Dr. Risty & Karen Kalivas
George & Alexandra Kallos
Mersina Karris
Katerina & Athanasios Katsiouras
Elaine Kimmerly
James & Mary Kokas
Thomas & Athena Kurtz
Mark & Koula Legner
Dr. Elaine Makas
Andrew & Stephanie Mehl
Katherine Metropoulos
Tom & Peggy Nemode
Dr. David & Elan Nichols
David Ortega
Dennis & Soula Ostler
Eleftheria Paez
Jamey Paron
Dr. Kelly Paron
Marge Paron
Dr. Nicholas & Julie Paron
Douglas & Leta Povich
Julia Povich
Chris & Yiota Psetas
George & Frances Rouman
Patricia Sharrad
Andreas & Paraskevi Skoutelas
William & Linda Stavropoulos
Achilles & Tena Tarachas
Electra Tarachas
William & Thespo Tarachas
Dr. George Triantafillou & Jean Farringtan
Art Tselepis
John Veremis
Kanella Veremis
Theodore & Georgia Veremis
Athanasios & Eipnvn Veremis
James & Kathleen Zacharko
Ludmil & Adriana Zambov
Dr. George & Dr. Gladys Zubulake
James & Esmini Zubulake

DONATE TO FRIENDS OF THE METROPOLIS
WWW.DETROIT.GOARCH.ORG/FRIENDS
We have booked a guest chanter for Holy Week and Pascha! This year we will be joined once again by Jordan Parro from Boston, who will be assisting with the chanting of all the Holy Week services, beginning with the Divine Liturgy on Lazarus Saturday and ending with the Paschal Vigil. Jordan is a graduate of Holy Cross Theological School and joined us for Holy Week, 2017. It is a very exciting opportunity and a great blessing to have him joining us for this most special time of year.

We will be paying for his travel, housing and giving him a stipend - the total cost is estimated at about $3,500. If you would like to support this enhancement of our worship, you can donate to offset the cost - just make out the check/envelope to St. Demetrios Church and write "Holy Week Chanters" in the memo line. Blessed Triodion!
All youth from our parish family are invited to join us for our Annual Holy Friday Retreat! Register by March 27th.

8:30 am - Royal Hours
10:30 am - Registration
11:00 am - 3:30 pm - Youth Retreat (includes lunch)
2:00 pm - Unnailing Service

Excuse letters are available from the Church Office. Children will stay through the Unnailing Service.

All students should be excused from school on this holy day and participate for the whole day.

Register online at stdemetrios.mi.goarch.org/education, or contact the Church Office at stdemetriosmi@gmail.com / (989) 793 - 8822.
WELCOME TO ALL VISITORS: For those visiting today, we are excited to welcome you to St. Demetrios Church. Everyone is welcome at our services, though only those who are baptized and chrismated Orthodox Christians may receive the Holy Mysteries. We hope you will stay not only for the service, but afterwards for coffee hour, so we can greet you and get to know you. If anyone has any questions about the Orthodox Faith or joining St. Demetrios, please feel free to speak with Fr. Timothy after the service.

"OUT OF OFFICE" OFFICE HOURS: Fr. Timothy has started holding off-site office hours. This week he will be at the SVRC Marketplace on Friday, from 10:00 am -12:00 pm.

MT. PLEASANT LITURGY: This Saturday we will celebrate our monthly liturgy in Mt. Pleasant. This Saturday is also the day we commemorate the Miracle of the Koliva of St. Theodore the Recruit, and the third general memorial of Triodion.

CHEESEFARE PIZZA PARTY: Today is Cheesefare! The Parish will provide pizza and "Forgiveness Sundaes" for Coffee Hour after the Liturgy. All are welcome!

FORGIVENESS VESPERS: This evening we begin Great Lent with Forgiveness Vespers. The service will begin at 6:00 pm, please join us!

### Today's Greeters

Dr. Constantinos Constantinou, Art Tselepis, Taylor Blohm

### Proskynesis

<table>
<thead>
<tr>
<th>Today</th>
<th>03/08:</th>
<th>03/15:</th>
<th>03/22:</th>
</tr>
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<tbody>
<tr>
<td>Mariam Haddad</td>
<td>Soula Ostler</td>
<td>Tasia Kokas</td>
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### Coffee Hour

<table>
<thead>
<tr>
<th>Today: Cheesefare Luncheon</th>
<th>03/15: Michael &amp; Dr. Voula Erfourth</th>
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</thead>
<tbody>
<tr>
<td>03/08: Georgia Caris &amp; Elaine Dallas</td>
<td>03/22: Dan &amp; Tena Mendyk</td>
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March 1st
Cheesefare Sunday
Farewell to cheese today! Pizza party after Liturgy, also serving make-your-own "Forgiveness Sundaes!"

Forgiveness Vespers
In the evening, we begin Great Lent with Forgiveness Vespers at 6:00 pm. The Church offers us this opportunity not only to "clear the air" but to remind us that Lent is a journey we make together.

March 7th
Memorial Saturday - Mt. Pleasant Liturgy
On Memorial Saturdays, we remember and offer prayers for all the repose, from the beginning of time. This Liturgy coincides with our monthly trip to Mt. Pleasant, and so will be celebrated there.

March 8th
Sunday of Orthodoxy
Bring on icon to Church! On this day we celebrate the Triumph of Orthodoxy over iconoclasm.

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ST. DEMETRIOS
GREEK ORTHODOX CHURCH

LENTEN SERVICE SCHEDULE

<table>
<thead>
<tr>
<th>Day</th>
<th>Service</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Great Compline</td>
<td>6:00 PM</td>
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<tr>
<td>Wednesday</td>
<td>Presanctified Liturgy</td>
<td>5:00 PM</td>
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<tr>
<td>Friday</td>
<td>Akathist Hymn &amp; Salutations</td>
<td>6:00 PM</td>
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*Only celebrated on the first five Fridays of Lent.

Guest Speakers
March 4th - Presvytera Juliana Honeycutt; March 11th - Nick Lionas
March 18th - Dn. Bryce Buffenbarger; April 1st - Fr. Peter Bistolarides